

COMMON NATIVE PLANTS ALONG LATHROP LOOP TRAIL, NORTH CAMPUS

Updated 5/18/22

(Directions from trailhead on Shallowbrook Drive.

R=on right of trail; L=on left of trail - if you are coming from trailhead)

Near start of the trail

Northern red oak (*Quercus rubra*) R
Pignut hickory (*Carya glabra*) R
Eastern white pine (*Pinus strobus*) L
Jack-in-the-pulpit (*Arisaema triphyllum*) R
Sugar maple (*Acer saccharum*) L
Maple-leaved viburnum (*Viburnum acerifolium*) L
Red maple (*Acer rubrum*) R
Canada-mayflower (*Maianthemum canadense*) R
Feathery false Solomon's-seal (*Maianthemum racemosum*) R
Black cherry (*Prunus serotina*) L
Blueberry (*Vaccinium* spp) R
White ash (*Fraxinus americana*) L
Striped maple (*Acer pensylvanicum*) L
Hazelnut (*Corylus* spp) L
Black birch (*Betula lenta*) R
Alternate-leaved dogwood (*Swida alternifolia*) R
American witch-hazel (*Hamamelis virginiana*) L
Shinleaf/Pyrola (*Pyrola* spp.) L, just beyond fallen tree
Bigtooth aspen (*Populus grandidentata*) R
Red pine (*Pinus resinosa*) R

After the bench

American hornbeam, Musclewood (*Carpinus caroliniana*) R
Starflower (*Lysimachia borealis*) L
Wood anemone, Wood windflower (*Anemone quinquefolia*) R, just below 2nd fence post

Eastern hemlock (*Tsuga canadensis*) L
Mountain laurel (*Kalmia latifolia*) L
Eastern hay-scented fern (*Dennstaedtia punctilobula*) R
Christmas fern (*Polystichum acrostichoides*) L
Partridgeberry (*Mitchella repens*) L

After the Trail Splits: West (white paint)

Skunk cabbage (*Symplocarpus foetidus*) L
New York fern (*Parathelypteris noveboracensis*) R, after stump, before bridge, uphill from Cinnamon fern
Cinnamon fern (*Osmundastrum cinnamomeum*) R, downhill from New York fern
Evergreen wood fern (*Dryopteris intermedia*) R, near first bridge
American trout-lily (*Erithronium Americanum*) L, just before first bridge
Eastern white oak (*Quercus alba*) tree has a square of white-trail-paint
Rock polypody (*Polypodium virginianum*) R, in rock crevice
Twoleaf miterwort (*Mitella dephylla*) L, after second bridge, edge of brook
Paper birch (*Betula papyrifera*) 20 feet down from the entrance, on the left, to the Pine Brook Trail
Wild sarsaparilla (*Aralia nudicaulis*) R, by cluster of 7 large rocks on the left ("seven sisters"?)

After the Trail Splits: East (blue paint)

Yellow birch (*Betula alleghaniensis*) R
White wood Aster (*Eurybia divaricata*) L, in front of the bench
Dwarf Ginseng (*Panax trifolius*) R
American false hellebore (*Veratrum viride*) - under foot bridge R
Marginal wood fern (*Dryopteris marginalis*) - beyond the bridge R
Sensitive fern R (*Onoclea sensibilis*) R, beyond large rock
Sassafras (*Sassafras albidum*) – L, beyond the bridge, beyond the 2 iron stakes (L&R), before path to house on right
American chestnut (*Castanea dentata*) L, notice old sprouts dying, new ones starting
Sessile-leaved bellwort/Wild Oats (*Uvularia sessilifolia*) R, after path to house, across from gray rock outcropping

Indian cucumber root (*Medeola virginiana*) L

Bracken fern (*Pteridium aquilinum*) R, just before large, low patch of mountain laurel on the right

Plant names change. Often! We have used the names in the Native Plant Trust's database. For more information on names and the plants themselves, go to the Trust's website

<https://gobotany.nativeplanttrust.org>

Copies of this list and an album of woody plant leaves are available in the Meeting House Library, Native Plant Shelf, or on Lathrop websites - <https://lathropres.org> and <https://lathropland.wordpress.com>

In 2020 invasives removal was arranged by Land Conservation Committee. Work was done by Land Stewardship Inc. and resident volunteers. Native plant labeling was done by resident volunteers. The labels were funded by the Northampton Community Preservation Act Committee and resident donations. In spring 2021, with support from the Land Conservation Committee, the Native Plant Group, resident donations, and resident volunteers, the printed paper tags were replaced with hand-lettered metal signs. In 2022, with help from resident donations and resident volunteers, signs were updated and the list with scientific names re-organized to make it easier to use.