

Easthampton and Northampton Senior Centers

Easthampton Senior Center

19 Union Street, Easthampton

413-527-6151

<https://easthamptonma.gov/413/Council-on-Aging>

- Free to become a member (Easthampton and surrounding communities)
- Fitness room access is \$75 per year
- Offers classes, events, activities, services (priority given to Easthampton residents)
- Monthly publication: *Silver Circle Newsletter*
- Transportation services
- SHINE services: SHINE stands for “Serving the Health Insurance Needs of Everyone,” and provides free health insurance information, free counseling, and assistance to Massachusetts residents with Medicare and their caregivers.

Northampton Senior Center

67 Conz Street, Northampton

413-587-1228

<https://northamptonma.gov/2055/Senior-Services>

- Free to become a member (Northampton and surrounding communities)
- Fitness Center (Northampton residents \$10 per month, non-residents \$15)
- Offers classes, events, activities, services
- Monthly publication: *Conz Street Chronicle*
- Bistro and coffee shop on site; dine-in and curbside meal pick up from Bistro Tuesday, Thursday, and Friday from 12-12:45 pm
- SHINE services: SHINE stands for “Serving the Health Insurance Needs of Everyone,” and provides free health insurance information, free counseling, and assistance to Massachusetts residents with Medicare and their caregivers.